

Upland Idaho

Date	Mid August	Time	morning
Location	Lake Rock Lake - McCall, ID	Weather	Clear & warm
Fish Species	Westslope Cutthroat	Size Range	10 – 14”
Fish Caught	several		
Flies Used	Blue Dun		
Techniques	Dry fly		
Comments	Lake Rock Lake is one of the lakes in the McCall area managed for trophy trout.		

While at a multi-day family reunion at Ponderosa State Park outside McCall I managed to sneak away for a few hours to fish Lake Rock Lake. The trailhead to Lake Rock Lake is just north of Upper Payette Lake along Warren Wagon Road. As you pass the Jenny Lake road turnoff sign continue north across the river and immediately there will be a pullout. It is an unofficial trail that will lead you to the lake in just over a mile.

You'll notice a sign that mentions the lake is managed for trophy trout and you can only keep fish larger than 20". Other lakes in the area managed for trophy trout are: Brush Lake, Crystal Lake, Blackwell Lake, Lake Serene, Long Lake, Louie Lake and Tule Lake. I had fished Tule Lake with no success but I fished Louie Lake one October and it was dynamite for beautiful 17" hybrids.

I had heard someone talk about this lake saying there were monsters. That wasn't my experience. I caught fish in the 10 – 14" range and the largest I saw was maybe 16". I had to use my roll cast the majority of the time because there were only a few places on the entire lake that you could use a back cast. The lake was OK but it didn't do much for me. The nice thing is that it is only a mile hike. Maybe the monsters were hiding!





Lake Rock Lake

